



## Hello and welcome to *our February newsletter*

The start of a new year always brings a sense of renewal, and this January was no exception. From new initiatives to strengthening connections, we've set the stage for an exciting year ahead. As we look forward to February, we're eager to continue building on this momentum—embracing new goals, engaging with fresh ideas, and supporting one another in our journey. Here's to another month of growth, collaboration, and success.

We look forward to the month of February, and creating new ways to love on the community. Stay tuned for more on this next month.

*Christian Harris*  
Development Manager

## January Recap

As we reflect on the month of January, we are incredibly grateful for the outpouring of support from our volunteers and partners. Each Tuesday, we partner with the Tarrant Area Food Bank to host a food pantry, and week after week, we are joined by dedicated volunteers who show up with kindness and enthusiasm, ready to serve our community. Their commitment is the backbone of our pantry and keeps our programs running smoothly. In January alone, we distributed an impressive 30,379 pounds of food to 561 families—meeting a critical need for food security in our area. This incredible impact is only possible thanks to the time, energy, and generosity of all those involved.

Additionally, JPS hosted a Health & Wellness class twice a week, providing valuable information on a range of important topics to help community members prioritize their well-being.

The Parenting Center continued its vital work by hosting a class on the 2nd Tuesday of the month, and in response to community feedback, we adapted the session to be entirely in Spanish. This class not only helps parents build stronger connections with their children but also empowers them with the tools and knowledge they need to support their children's development and manage challenging behaviors in healthy and effective ways. We are proud to serve the community in these meaningful ways and look forward to continuing this momentum in February.



# Volunteer & Community Member Perspective



"I like coming to LVTRise because I am able to give back to a community of youth that looks like me. Growing up I didn't have people to talk to, so being able to be that voice for the future generation is a blessing." - Coach P, Seasons of Change

"It is very satisfying to give to people in need. I love it. It's my favorite day of the week, Tuesdays. My favorite thing about this program is how all of the folks come together as a team to make the boxes. I have a really good time with the team."-Chris, Food Pantry Volunteer

"Compared to other places I've helped, this is a 10 out of 10 for me! I love helping people" - Constable Hampton

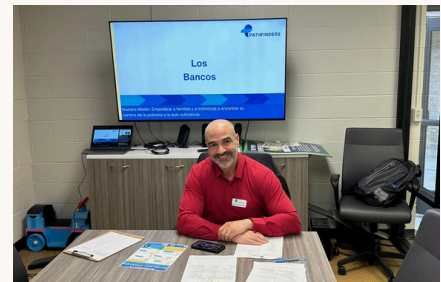


"The messages and themes are very helpful. The people at LVTRise are very uplifting and funny."- Patrick (youth), Seasons of Change Participant

"I love coming to serve the youth by giving back. I believe in being the you for others that you wish you had. The opportunity to be a positive impact on the next generation is a blessing." - LaRyon, Seasons of Change



"The thing I like most about Seasons of Change is that they give us good life lessons and let us know how to view things when we are stuck in a certain situation. They also let us express how we feel." - (youth), Seasons of Change Participant



## Thank you!

Thank you to our amazing volunteers and donors who continue to show up and support our mission. We could not do it without you.



# Upcoming Partners On-Site

Tuesdays:

10AM-12PM Tarrant Area Food  
Bank Food Pantry

10:30-11:30AM The Parenting Class  
(Spanish)

Wednesdays:

3-5PM STEM

Thursdays:

9AM-12PM STD Testing

5:30-6:30PM CHAMP

5:30-6:30PM Season of Change

Fridays:

9AM-12PM JPS Health & Wellness  
Class

3/1 FTW Spring Diaper Drive 9am

3/4 PNC Mobile Truck 9-11

3/5 Vita 11-2

3/8 LVT Safety Pop-Up Fair 12-3:30

3/11 The Parenting Class 10:30-11:30

3/12 JPS Behavioral Team 6-7 (Depression in all Ages)

3/13 Produce Pantry 9-12

3/18 PNC Mobile Truck 9-11

3/18 Spring Break Camp 12-3

3/19 Vita 11-2

3/19 Spring Break Camp 12-3

3/19 Manager Meeting 11:30-12:30

3/20 Spring Break Camp 12-3

3/21 Spring Break Camp 12-3

3/22 Walk a Doc 8:30-9:30

3/25 Workforce Development Workshops 6-7:30

3/26 Snap 9-12

3/27 Produce Pantry 9-12





## Tournament for Change

Join us April 14th at the Golf Club at Fossil Creek for our 5th annual golf tournament fundraiser. This tournament is one of our 2 major fundraising events that we host throughout the year. Every dollar raised at the tournament will go directly toward supporting our programs and initiatives at LVTRise. Your participation and support make a tangible difference in our ability to create lasting change in the community.

## SNACKS NEEDED!



## Candy Donations

We are currently accepting candy donations for Easter. Bring all candy donations to the front desk at LVTRise.



## Monthly Giving Program

Become a Rise Community Partner today by joining our monthly giving program at an amount that works for you. Every monthly donor who signs up will receive a gift after their first donation, as a token of our appreciation.



## Volunteer

Sign up to become a volunteer, and join us next year as a food pantry volunteer on Tuesdays from 9AM-12PM.