



Hello and welcome to our *October newsletter*

We want to celebrate our incredible supporters who joined us at the Rise Luncheon earlier this month. Thanks to our amazing sponsors—Cook Children’s, Dynamic Development Strategies, Texas Health Community Hope, and Jon & Christina Costanza—the event was a tremendous success. Your generosity and engagement made the day unforgettable, highlighting the meaningful impact we’re making in the lives of families across our community.

As Thanksgiving approaches, our focus turns to ensuring that every family has enough food to thrive this season. Fall is the perfect time to come together, share resources, and make a tangible difference. This newsletter highlights several ways to get involved, from contributing to our Food or Winter Drive to bringing joy to a child through our Angel Tree program—there’s something for everyone to make a real impact this season.

Christian Harris
Development Manager

September Recap

September brought the return of one of our youth programs, Seasons of Change, where young people showed up week after week to connect with program leaders, build meaningful relationships, receive mentorship, and navigate challenges at school and home.

At the same time, our food pantry and Community Aide Services Program saw a significant increase in demand, with our Case Worker reporting nearly double the number of community members seeking help compared to the previous month. Thankfully, our efforts were supported by amazing volunteers who graciously served week in and week out, ensuring the families we are here to support received the care and resources they needed.

On a celebratory note, for the first time in our history, we not only reached—but surpassed—our North Texas Giving Day goal! Achievements like this don’t happen without a community of strong, dedicated supporters, and we are deeply grateful for every donor, volunteer, and partner who makes our work possible.

In addition, we hosted our 2nd Volunteer & Donor Appreciation Lunch & Learn on-site, a special opportunity to connect, celebrate contributions, and share updates about the impact of our programs. The next Lunch & Learn is already planned for December, and we look forward to honoring the incredible people who make our mission a reality.

As we celebrate these successes, we also recognize that community needs will continue to grow in the months ahead, emphasizing the vital role our supporters play in helping families thrive.

September Impact

Food Pantry
Families served
994

Weekly STD Testing
Participants
73

Fort Worth Public Library
visitors
576

Volunteer Visits
71

Youth Activities
Participants
31

Case Management
81

Special Events
Participants
71

Volunteer Hours
216.43



Volunteer & Community Member Perspective



"LVT has made a difference because I'm going through a hard time right now. I have lost my SNAP benefits, and it is very hard to provide enough fresh food for my children and the Tuesday and Thursday pantries provide me with fresh fruit and veggies for my family. The staff is very nice, and I have never been to a food pantry before, so I thought it was going to be awkward, but it was not at all. I felt very welcome. Thank you, LVT Rise." – Food Pantry Participant

"We have started to incorporate more fresh produce into our meals due to the fresh produce pantry. At first, we didn't know what to do with all the produce but it quickly became a challenge. My daughter has asked me if she could help in the kitchen. She helps by peeling potatoes, washing carrots, and even learning how to make small healthy snacks. Not only did she become more open to trying new foods, now we have made it our #1 thing in the kitchen." – Fresh Produce Pantry Participant

"My favorite part of the pantry event today was watching our team work together to serve the community. We have the honor of visiting with many of the individuals who benefit from this service when they are at home. We get to see first hand how much people need the beautiful work that LVT Rise does and it was so awesome to participate!" – Food Pantry Volunteer

"The best part of the food pantry day was working together to give back to those in need. It's a blessing and a great lesson for everyone to show everyone how God loves us all." – Food Pantry Volunteer

"My favorite part was helping the community. There are a lot of people who need help and cannot get it. This is an outlet to assist them." – Food Pantry Volunteer

"I love the environment of the people that works more and also I love to support my community and to see the smiles on their faces!! And just to lend a hand." – Food Pantry Volunteer

"I honestly enjoy helping out the community while my time here at Rise. It has made me look at life in a new perspective on things. I love working with everyone at Rise with positive attitudes, always smiling and laughing. Even after my time of community service is done, I plan to keep coming on Tuesdays to help the heavy lifting and other tasks they need me to do." – Food Pantry Volunteer



Your Impact Starts Here



Food Drive

Help Us Feed Families During Uncertain Times

We're expecting a surge in food requests this season, and your support can make a real difference. By contributing, you help ensure families in our community have the meals they need. Check out the flyer below for a list of the most-needed items, and bring your donations to help us fight hunger—one meal at a time.



Winter Drive

Help Keep Kiddos Warm This Winter

This season, we're collecting coats, gloves, scarves, and socks of all sizes to ensure every child in the LVT community stays warm and cozy. You can drop off or send your donations to 8201 Calmont Ave during regular business hours. Your generosity makes a cold winter brighter for the kids—thank you for helping us share warmth and care!



Angel Tree

Give the Gift of Joy This Holiday Season!

Our Angel Tree is returning this Christmas, and you can help make the season bright for a child in our community. If you already know you'd like to adopt an angel and ensure they have a merry holiday filled with gifts, click the button at the bottom of the newsletter for more information. Your generosity creates holiday memories that last a lifetime!



Monthly Giving Program

Make a Lasting Impact—One Month at a Time!

Join our monthly giving program at any amount that feels right. Your steady support is essential to reaching those who need us most. As a thank you, new monthly donors will receive a special gift after their first donation—though the greatest gift is the impact your generosity makes possible.

Honoring Extraordinary Generosity

We are deeply grateful to the extraordinary women of Serve Fort Worth, who generously donated \$100,000 earlier this month in support of LVTRise. These remarkable mothers care about all children, and their compassion is helping change lives across our community. ♥

WHAT CAN YOU DO TO HELP?

LVTRise Drive



Pasta Sauce
Alfredo Sauce
Boxed Pasta
Canned Green Beans
Canned Corn
Cup of Noodles
Ramen Noodles Square
Canned Beans
Chicken Noodle Soup
Canned Soup
Oatmeal
Peanut Butter
Canned Chicken
Canned Tuna
Crackers
Vienna Sausage
Uncle Ben's Rice
Spaghetti-o's
Mac & Cheese Cups
Mashed Potato Cups
Granola Bars

We are anticipating a substantial increase in food requests, please **help us feed hungry families** by donating these items, or donating at the QR code below.

Bring or send items to 8201 Calmont Ave. Fort Worth, TX 76116, during regular business hours.



<https://lvtrise.givingfuel.com/lvtrise-food-drive>





Upcoming Partners On-Site

WEEKLY EVENTS:

TUESDAYS:

Food pantry 10AM-12PM

Game Night 3:30-5PM

Champ 5:30-6:30PM

WEDNESDAYS:

Bible Study 6-8PM

THURSDAYS:

STD Testing 9AM-12PM

Season of Change 5:30-7PM

Group Art Therapy 6:30-7:30PM

Fitness Class 6:30-7:30PM

FRIDAYS:

Group Art Therapy 3-5PM

MONTHLY EVENTS:

11/6 Produce Pantry 9AM-12PM

11/8 Walk with a doc 8:30-9:30AM

11/11 NO FOOD PANTRY

11/11 PNC Mobile Bus 9-11AM

11/19 Manager Meeting 11:30AM-12:30PM (at Birchman Baptist Church)

11/20 Produce Pantry 9AM-12PM

11/25 PNC Mobile Bus 9-11

11/26 Snap 9AM-12PM

11/26 CLOSE AT 2PM FOR THE HOLIDAY

11/27 CLOSED FOR THE HOLIDAY

11/28 CLOSED FOR THE HOLIDAY

